

# GYM DOUCE

Calendrier 2018-2019

ZONE B

| Janvier |   | Février             |    | Mars |                  | Avril |   | Mai              |    | Juin |                  |    |   |                        |    |   |                  |
|---------|---|---------------------|----|------|------------------|-------|---|------------------|----|------|------------------|----|---|------------------------|----|---|------------------|
| 1       | M | <i>Jour de l'an</i> | 1  | V    | <b>gym douce</b> | 1     | V | <b>gym douce</b> | 1  | L    |                  | 1  | M | <i>Fête du Travail</i> | 1  | S |                  |
| 2       | M |                     | 2  | S    |                  | 2     | S |                  | 2  | M    |                  | 2  | J |                        | 2  | D |                  |
| 3       | J |                     | 3  | D    |                  | 3     | D |                  | 3  | M    |                  | 3  | V | <b>gym douce</b>       | 3  | L |                  |
| 4       | V |                     | 4  | L    |                  | 4     | L |                  | 4  | J    |                  | 4  | S |                        | 4  | M |                  |
| 5       | S |                     | 5  | M    |                  | 5     | M |                  | 5  | V    | <b>gym douce</b> | 5  | D |                        | 5  | M |                  |
| 6       | D |                     | 6  | M    |                  | 6     | M |                  | 6  | S    |                  | 6  | L |                        | 6  | J |                  |
| 7       | L |                     | 7  | J    |                  | 7     | J |                  | 7  | D    |                  | 7  | M |                        | 7  | V | <b>gym douce</b> |
| 8       | M |                     | 8  | V    | <b>gym douce</b> | 8     | V | <b>gym douce</b> | 8  | L    |                  | 8  | M |                        | 8  | S |                  |
| 9       | M |                     | 9  | S    |                  | 9     | S |                  | 9  | M    |                  | 9  | J |                        | 9  | D |                  |
| 10      | J |                     | 10 | D    |                  | 10    | D |                  | 10 | M    |                  | 10 | V | <b>gym douce</b>       | 10 | L | <i>Pentecôte</i> |
| 11      | V | <b>gym douce</b>    | 11 | L    |                  | 11    | L |                  | 11 | J    |                  | 11 | S |                        | 11 | M |                  |
| 12      | S |                     | 12 | M    |                  | 12    | M |                  | 12 | V    |                  | 12 | D |                        | 12 | M |                  |
| 13      | D |                     | 13 | M    |                  | 13    | M |                  | 13 | S    |                  | 13 | L |                        | 13 | J |                  |
| 14      | L |                     | 14 | J    |                  | 14    | J |                  | 14 | D    |                  | 14 | M |                        | 14 | V | <b>gym douce</b> |
| 15      | M |                     | 15 | V    |                  | 15    | V | <b>gym douce</b> | 15 | L    |                  | 15 | M |                        | 15 | S |                  |
| 16      | M |                     | 16 | S    |                  | 16    | S |                  | 16 | M    |                  | 16 | J |                        | 16 | D |                  |
| 17      | J |                     | 17 | D    |                  | 17    | D |                  | 17 | M    |                  | 17 | V | <b>gym douce</b>       | 17 | L |                  |
| 18      | V | <b>gym douce</b>    | 18 | L    |                  | 18    | L |                  | 18 | J    |                  | 18 | S |                        | 18 | M |                  |
| 19      | S |                     | 19 | M    |                  | 19    | M |                  | 19 | V    |                  | 19 | D |                        | 19 | M |                  |
| 20      | D |                     | 20 | M    |                  | 20    | M |                  | 20 | S    |                  | 20 | L |                        | 20 | J |                  |
| 21      | L |                     | 21 | J    |                  | 21    | J |                  | 21 | D    |                  | 21 | M |                        | 21 | V | <b>gym douce</b> |
| 22      | M |                     | 22 | V    |                  | 22    | V | <b>gym douce</b> | 22 | L    | <i>Pâques</i>    | 22 | M |                        | 22 | S |                  |
| 23      | M |                     | 23 | S    |                  | 23    | S |                  | 23 | M    |                  | 23 | J |                        | 23 | D |                  |
| 24      | J |                     | 24 | D    |                  | 24    | D |                  | 24 | M    |                  | 24 | V | <b>gym douce</b>       | 24 | L |                  |
| 25      | V | <b>reporté</b>      | 25 | L    |                  | 25    | L |                  | 25 | J    |                  | 25 | S |                        | 25 | M |                  |
| 26      | S |                     | 26 | M    |                  | 26    | M |                  | 26 | V    | <b>gym douce</b> | 26 | D |                        | 26 | M |                  |
| 27      | D |                     | 27 | M    |                  | 27    | M |                  | 27 | S    |                  | 27 | L |                        | 27 | J |                  |
| 28      | L |                     | 28 | J    |                  | 28    | J |                  | 28 | D    |                  | 28 | M |                        | 28 | V | <b>gym douce</b> |
| 29      | M |                     |    |      |                  | 29    | V | <b>gym douce</b> | 29 | L    |                  | 29 | M |                        | 29 | S |                  |
| 30      | M |                     |    |      |                  | 30    | S |                  | 30 | M    |                  | 30 | J | <i>Ascension</i>       | 30 | D |                  |
| 31      | J |                     |    |      |                  | 31    | D |                  | 31 | V    | <b>Pas cours</b> |    |   |                        |    |   |                  |